FOR ACTION: Approve Revisions to Policy 8540 – Food and Beverage Vending Machines

Recommendation

It is recommended that the Board approve revisions to Policy 8540 – Food and Beverage Vending Machines.

Background Information

At a regular meeting on November 17, 2009, the Board reviewed proposed changes to Policy 8540 – Vending Machines. During that discussion, it was suggested that changing the name of the policy to “Food and Beverage Vending Machines” would clarify that the policy does not affect pencil or other supply vending machines. Revisions to the policy are displayed in bold type and or strikeouts. It is included on the agenda for action at this meeting.

[NOTE: The process of bylaw and/or policy revision is delineated in Board Bylaw 0130.1, Functions. The Bylaw requires that in most circumstances policy changes be proposed at a previous meeting of the Board and then voted on in a subsequent meeting. The proposed changes remain on the agenda until they are either accepted or rejected.]
FOOD AND BEVERAGE VENDING MACHINES

The School Board recognizes that vending machines can produce revenues which are useful to augment programs and services to students and staff. It will, therefore, authorize their use in Corporation facilities provided that the following conditions are satisfied:

A. The installation, servicing, and maintenance of each machine is contracted for with a reputable supplier of vending machines and their products.

B. The Corporation’s share of the revenues is to be managed by the principals and/or comptroller in accordance with relevant Board policies and administrative guidelines.

C. Vending machines at the Middle and High Schools will be locked and/or shut off and inaccessible to students during the school day. (The exception to this would be if the individual machine contains 100% healthy choice beverage and food as defined in the MCCSC wellness program guidelines for food and beverages sold individually according to PL 54-2006). The machines will remain off during school meal periods.

D. Vending machines that are placed in elementary schools that dispense food and beverage items may not be accessible to students.

E. Nutritional content of food and beverage items which will be offered in student access vending machines will be submitted by the building principal and reviewed by the Director of Food Services prior to approval of the contract with the vending supplier.

The Superintendent shall develop and implement administrative guidelines which will ensure these conditions are adhered to on a continuing basis and that the proper procedures are established regarding location, operation, and maintenance of the equipment as well as for the dispensing of products.

Approved 7/15/91
DRAFT Revision 12/1/2009 – Title also changed from “Vending Machines”
FOOD AND BEVERAGE VENDING MACHINES

1. Non-nutritional items will not be available to students during the school day. In this instance, the school day will be defined as the time of arrival of the first students in the morning until fifteen minutes after the dismissal of all students in the afternoon.

2. Vending machines will be locked and inaccessible to students during the school day. It will be the responsibility of the chief building administrator to control the use of these machines.

3. Exempted from these requirements are those foods served as part of the following activities:
   a. PTO-sponsored events;
   b. Athletic events;
   c. Extra-class functions;
   d. Instructional program classes, such as Commercial Foods or Home Economics classes.

1. Vending machines at the Middle and High Schools will be locked and/or shut off and inaccessible to students during the school day. The school day shall be defined as the time of arrival of the first students in the morning until fifteen minutes after the dismissal of all students in the afternoon. (The exception to this would be if the individual machine contains 100% healthy choice beverage and food as defined in the MCCSC wellness program guidelines for food and beverages sold individually according to PL 54-2006). The machines will remain off during school meal periods. It will be the responsibility of the chief building administrator to control the use of these machines.

2. Vending machines that are placed in elementary schools that dispense food and beverage items may not be accessible to students.

3. Nutritional content of food and beverage items which will be offered in student access vending machines will be submitted by the building principal and reviewed by the Director of Food Services prior to approval of the contract with the vending supplier.

4. If food and beverage items selections change during the contract period, the nutritional content of the new items must be submitted by the principal and approved by the Director of Food Services.

5. The food and beverage items for sale in the vending machines must meet the nutritional guidelines approved for food and beverages sold individually as stated in the Wellness Program. They are as follows:
DRINKS—fruit or vegetable based drinks that contain at least 50% real fruit or vegetable juice; and do not contain additional caloric sweeteners; water and seltzer water that do not contain additional caloric sweeteners; low fat and fat free milk; isotonic beverages.

NOT ALLOWED—Soft drinks, punch, iced tea, and coffee; fruit or vegetable based drinks that contain less than 50% real fruit or vegetable juice or that contain additional caloric sweeteners. Drinks that contain caffeine, except for low fat or fat free chocolate milk.

A beverage item available for sale at a school or on school grounds may not exceed twenty (20) ounces.

FOOD—
Not more than 30% of their total calories are from fat
Not more than 10% of their total calories are from saturated and trans fat
Not more than 35% of their weight is from sugars that do not occur naturally in fruits, vegetables, or dairy products.
Not more than 30 grams carbohydrates (excluding fruits and vegetables)
Not more than 230 grams of sodium per serving for chips, cereals, crackers, French fries, baked goods, and other snack items.
Food items that contain more than 210 calories must not exceed the following portion sizes:
Potato chips, crackers, popcorn, cereal, trail mixes, nuts, seeds, dried fruit and jerky- 1.75 oz
Cookies and cereal bars- 2 oz
Bakery items – 3 oz
Frozen desserts- 3 oz
Non frozen yogurt- 8 oz

Approved 8/22/74
Revised 11/22/74; 3/24/86
DRAFT Revision 12/1/2009 – Title also changed from “Vending Machines”
I. School Meals

Meals served through the National School Lunch and Breakfast Programs will:

- Be appealing and attractive to children;
- Be served in clean and pleasant settings;
- Meet, at a minimum, nutrition requirements established by local, state, and federal statutes and regulations (which requires an average of 664 calories for elementary and 825 calories for 7-12 grade for a standard lunch) [http://www.doe.state.in.us/food/schoolnutrition/welcome.html];
- Offer a variety of fruits and vegetables;
- Serve only low-fat and fat-free milk and nutritionally equivalent non-dairy alternatives (to be defined by USDA); and
- Ensure that half of the served grains are whole grain.

A. Breakfast – To ensure that all children have breakfast, either at home or at school, in order to meet their nutritional needs and enhance their ability to learn:

- Schools will, to the extent possible, operate the School Breakfast Program.
- Schools that serve breakfast to students will notify parents and students of the availability of the School Breakfast Program.
- Schools will open the school early enough so that students have enough time to come to the cafeteria and sit down for breakfast.
- Schools will encourage parents to provide a healthy breakfast for their children through newsletter articles, take-home materials, or other means.

B. Meal times and scheduling

- Schools will schedule meal periods as close to the middle of the day as possible.
- Schools should not schedule tutoring, club, or organizational meetings or activities during mealtimes, unless students may eat during such activities.
- Schools will provide students access to hand washing or hand sanitizing before they eat meals or snacks.

C. Sharing of Foods and Beverages – Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children’s diets.

II. Foods and Beverages sold individually (i.e. foods sold outside of reimbursable school meals, such as through vending machines, cafeteria a la carte lines, fundraisers, school stores, etc.)

Elementary Schools. The school food service program will approve and provide all food and beverage sales to students in elementary schools. This is to include snacks provided to school sponsored after school programs. Food in elementary schools should be sold as balanced meals. If available, foods and beverages sold individually should be limited to low fat and non fat milk, fruits, 100% fruit juice, bottled water and non-fried vegetables.
Middle/High Schools. In middle and high schools, all foods and beverages sold individually outside the reimbursable school meal programs (including those sold through ala carte lines, vending machines, or fundraising activities) during the school day, will meet the following nutrition and portion size standards:

A. Food Items
- not more than 30% total calories from fat and not more than 10% of those calories from saturated fat (excluding nuts and seeds, peanut butter, and other nut butters);
- not more than 35% of their weight is from sugars that do not occur naturally in fruits, vegetables, or dairy products;
- not more than 30 grams carbohydrates (excluding fruits and vegetables);
- not more than 230 grams of sodium per serving for chips, cereals, crackers, French fries, baked goods, and other snack items.

B. Beverage Items
- Water and seltzer water that do not contain additional caloric sweeteners;
- Low fat and fat free milk of any flavor or low fat yogurt drinks, soy beverage, rice beverage and other similar dairy or non-dairy beverage which are calcium fortified;
- Fruit or vegetable juice that contain 100% real fruit or vegetable juice or at least 50% real fruit or vegetable juice and do not contain additional caloric sweeteners.
- Not allowed: soft drinks; punch, iced teas, coffee; fruit based drinks that contain less than 50% real fruit or vegetable juice or that contain additional caloric sweeteners; beverages containing caffeine excluding low-fat or fat-free chocolate milk.

C. Portion Sizes
A food item available for sale at a school or on school grounds may not exceed the following portion limits if the food item contains more than 210 calories:
- Chips, crackers, popcorn, cereal, trail mix, nuts, seeds, dried fruit, or jerky – 1.75 ounces;
- Cookies and cereal bars – 2 ounces;
- Bakery items-including pastries and muffins – 3 ounces;
- Frozen desserts, including, but not limited to, low-fat or fat-free ice cream – 3 fluid ounces;
- Non-frozen yogurt – 8 ounces;
- Entrée items and side dish items, including French fries and onion rings, the food item available for sale may not exceed the portion of the same entrée item or side dish item that is served as part of the school lunch program or school breakfast program;
- Fruits and non-fried vegetables are exempt from portion-size limits;
- A beverage item may not exceed twenty (20) ounces.

D. Sales of Food and Drink
- Sales of food and drink outside of Food Services are prohibited during meal periods.
- Vending machines at the Middle and High Schools will be locked and/or shut off and inaccessible to students during the school day, unless the individual machine contains 100% healthy choice beverage and food as defined in the MCCSC wellness program guidelines for food and beverages sold individually. Vending machines in elementary schools may not be accessible to students.